

Arrampicare in sicurezza

I freni in arrampicata



<http://www.youtube.com/watch?v=Sr2BA8SDedE>

PER CHI DESIDERA AVERE GLI ARGOMENTI SEPARATI:
ARRAMPICARE IN SICUREZZA



<http://vimeo.com/17267565>

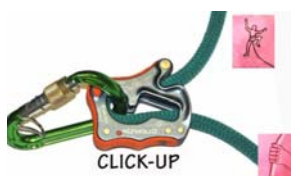
I FRENI IN ARRAMPICATA



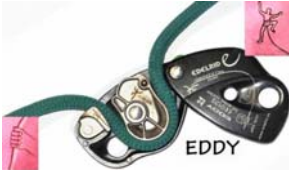
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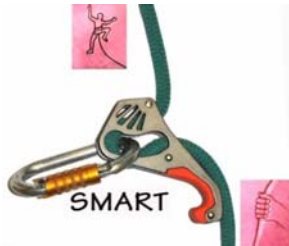
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<http://vimeo.com/17267538>